



organized by
a.s.d. SPORT PLANET
Cervignano (UD)



Patrocinio
Comune di
Cervignano (UD)

EAST WIND CUP KARATE & JUJUTSU

27th Christmas Stars Trophy

7th Darren Smith Shihan MEMORIAL

**sport hall
CERVIGNANO (UD) Italy
December 1, 2019**

www.christmasstarstrophy.com

Welcome to the

**"EAST WIND
INTERNATIONAL KARATE & JUJUTSU CUP"**
27th CHRISTMAS STARS TROPHY
7th Darren Smith Shihan Memorial

**CERVIGNANO DEL FRIULI (UD) Italy
Sport Hall,
Piazzale Lancieri D'Aosta, 1
December 1, 2019**

**KARATE: KATA – KUMITE
JUJUTSU: DUO FIGHTING – DUO SYSTEM**

The event is open to all clubs/dojos with an unlimited amount of athletes, of karate or jujutsu and affiliated to any national or international federation/organization.

PROVISIONAL SCHEDULE

(The final schedule will be exposed in the competition website www.christmasstarstrophy.com, from Saturday, November 30, 2019)

Registrations and weight control:

Kata: from 8:00 am to 8:45 am

Duo Fighting: from 9:30 am to 10:00 am

Kumite: from 11:00 am to 11:45 am

Duo-Games: from 12:00 pm to 12:45 pm

Beginning of competition at 9:00 am

Beginning of competition at 10:00 am

Beginning of competition at 12:00 am

Beginning of competition at 1:00 pm

registration form

ON LINE

www.christmasstarstrophy.com

REGISTRATIONS:

Starting from Monday 18th of November registrations have to be done online at the following address:
www.christmasstarstrophy.com. Deadline: Tuesday November 28th.

1st category	€15
Every further category (each)	€10
Duo System Jujutsu Team (for each team)	€30

Any registration will be accepted after the 28th of November 2019

After the registration, fees won't be refunded in case of absence.

PAYMENT CONDITIONS:

All clubs can pay the registration fees by cash or bank transfer.

Transfer order:

IBAN Code: IT 28 S 05484 63730 049570410198

swift code: CIVIIT2CXXX

Bank: Banca di Cividale Cervignano del Friuli (Udine - Italy)

Beneficiary: a.s.d. SPORT PLANET (specifying "at sender's expense")

Registration form can be downloaded from the website: www.christmasstarstrophy.com

KATA competition categories and rules:

Samurai		01/01/2012	31/12/2014	Age 5/7	
KA1	White belt		Male	KA4	White belt
KA2	Yellow and Orange belts		Male	KA5	Yellow and Orange belts
KA3	Green, Blue, Brown belts		Male	KA6	Green, Blue, Brown belts
					Female
					Female
					Female

Children		01/01/2010	31/12/2011	Age 8/9	
KA7	White belt		Male	KA10	White belt
KA8	Yellow and Orange belts		Male	KA11	Yellow and Orange belts
KA9	Green, Blue, Brown belts		Male	KA12	Green, Blue, Brown belts
					Female
					Female
					Female

Youth		01/01/2008	31/12/2009	Age 10/11	
KA13	White belt		Male	KA17	White belt
KA14	Yellow and Orange belts		Male	KA18	Yellow and Orange belts
KA15	Green and Blue belts		Male	KA19	Green and Blue belts
KA16	Brown and Black belts		Male	KA20	Brown and Black belts
					Female
					Female
					Female

Beginners		01/01/2006	31/12/2007	Age 12/13	
KA21	White belt		Male	KA25	White belt
KA22	Yellow and Orange belts		Male	KA26	Yellow and Orange belts
KA23	Green and Blue belts		Male	KA27	Green and Blue belts
KA24	Brown and Black belts		Male	KA28	Brown and Black belts
					Female
					Female
					Female

Cadets		01/01/2004	31/12/2005	Age 14/15	
KA29	White belt		Male	KA33	White belt
KA30	Yellow and Orange belts		Male	KA34	Yellow and Orange belts
KA31	Green and Blue belts		Male	KA35	Green and Blue belts
KA32	Brown and Black belts		Male	KA36	Brown and Black belts
					Female
					Female
					Female

Junior		01/01/2002	31/12/2003	Age 16/17	
KA37	White belt		Male	KA41	White belt
KA38	Yellow and Orange belts		Male	KA42	Yellow and Orange belts
KA39	Green and Blue belts		Male	KA43	Green and Blue belts
KA40	Brown and Black belts		Male	KA44	Brown and Black belts
					Female
					Female
					Female

Senior		01/01/1984	31/12/2001	Age 18/35	
KA45	White belt		Male	KA49	White belt
KA46	Yellow and Orange belts		Male	KA50	Yellow and Orange belts
KA47	Green and Blue belts		Male	KA51	Green and Blue belts
KA48	Brown and Black belts		Male	KA52	Brown and Black belts
					Female
					Female
					Female

Master		01/01/1954	31/12/1983	Age 35/65	
KA53	White belt		Male	KA57	White belt
KA54	Yellow and Orange belts		Male	KA58	Yellow and Orange belts
KA55	Green and Blue belts		Male	KA59	Green and Blue belts
KA56	Brown and Black belts		Male	KA60	Brown and Black belts
					Female
					Female
					Female

Kata rules.

- Only kata of traditional karate styles are permitted.
- All categories will be evaluated with scoreboards. In case of play-off flags system will be used.
- From white to orange belt the same kata can be repeated.
- From green to black belt the same kata cannot be repeated except for play-off.
- The upper kata will be accepted in all categories.
- **Athletes can compete also in the higher category of age but no in the upper belt category.**
- **Blue and Red belts will not be supplied by the organizer.**

KUMITE competition categories and rules:

Beginners		01/01/2006	31/12/2007	Age 12/13	
KU1	Male -40 Kg.			KU7	Female -37 Kg.
KU2	Male -45 Kg.			KU8	Female -42 Kg.
KU3	Male -50 Kg.			KU9	Female -47 Kg.
KU4	Male -55 Kg.			KU10	Female -53 Kg.
KU5	Male -61 Kg.			KU11	Female +53 Kg.
KU6	Male +61 Kg.				

Cadets		01/01/2004	31/12/2005	Age 14/15	
KU12	Male -52 Kg.			KU17	Female -47 Kg.
KU13	Male -57 Kg.			KU18	Female -54 Kg.
KU14	Male -63 Kg.			KU19	Female -62 Kg.
KU15	Male -70 Kg.			KU20	Female +62 Kg.
KU16	Male +70 Kg.				

Junior		01/01/2002	31/12/2003	Age 16/17	
KU21	Male -55 Kg.			KU26	Female -48 Kg.
KU22	Male -61 Kg.			KU27	Female -53 Kg.
KU23	Male -68 Kg.			KU28	Female -59 Kg.
KU24	Male -75 Kg.			KU29	Female +59 Kg.
KU25	Male +75 Kg.				

Senior		01/01/1984	31/12/2001	Age 18/35	
KU30	Male -60 Kg.			KU35	Female -50 Kg.
KU31	Male -67 Kg.			KU36	Female -55 Kg.
KU32	Male -75 Kg.			KU37	Female -61 Kg.
KU33	Male -84 Kg.			KU38	Female -68 Kg.
KU34	Male +84 Kg.			KU39	Female +68 Kg.

Lenght of bouts:
Beginners 1',30'' (90 seconds);
All other categories 2'00'' (2 minutes).

Rules : FIJLKAM / WKF

All competitors MUST be provided with their mandatory and approved WKF body protection:

- Red and Blue gloves
- Red and Blue Shinbone protection
- Red and Blue Foot protection
- Gum shield
- Chest protection (male and female)(outsaide beginners)
- Breast guard (female + chest protection)
- Groin guard (male)
- Facial mask (beginners)

- Competitors who don't have all the approved protections have one minute to change after this time they will be disqualified.
- **Blue and Red belts are not supplied by the organizer.**
- **Athletes can compete also in the higher categories of age but no in the uper weight category.**
- The repechages are foreseen
- **Maximum weight tolerance gr.500.**

CLOTHING REQUIREMENTS

- 1) all the WKF approved protections.
- 2)all the protections by Italian or foreign companies as long as they are equivalent to the approved models mentioned in the previous point, and admitted during Italian championships.
- 3) female athletes must wear an approved breast guard and Chest Protector (among those mentioned in points 1 and 2).

HOMOLOGATED ITEMS - SAFETY IN KARATE

WKF



HOMOLOGATED ITEMS

FIJLKAM - ITALY



JU JUTSU - DUO FIGHTING: only under 12 (2008/2015).

Weight categories:

DF1	Open	2014/2015	male and female one category
DF2	Kg. -20	2008/2013	male and female one category
DF3	Kg. -25	2008/2013	male and female one category
DF4	Kg. -30	2008/2013	Male
DF5	Kg. -30	2008/2013	Female
DF6	Kg. -35	2008/2013	Male
DF7	Kg. -35	2008/2013	Female
DF8	Kg. -40	2008/2013	Male
DF9	Kg. -40	2008/2013	Female
DF10	Kg. -45	2008/2013	Male
DF11	Kg. -45	2008/2013	Female
DF12	Kg. -50	2008/2013	Male
DF13	Kg. -50	2008/2013	Female

DF1 - SPECIAL CATEGORY: reserved only for children of 4 and 5 years old, only one category of weight, sex and belt.
All children will receive the medal.

Length of bouts:

Maximum 80 seconds.

Maximum weight tolerance gr.500.

Athletes can compete also in the higher category of weight.

There will be finals even for third and fourth place. Only the first three athletes will be awarded.

Blue and Red belts are not supplied by the organizer.

JU JUTSU - DUO SYSTEM: open rank

DS1	under 6	Age 4/5	2015/2014
DS2	under 8	Age 6/7	2013/2012
DS3	under 10	Age 8/9	2011/2010
DS4	under 14	Age 10/13	2009/2006
DS5	under 18	Age 14/17	2005/2002
DS6	over 17	Age 18/40	2001/1979

The participants must take part at the competition as member of only one team, with the same team can compete in the higher category. The athletes, matched without gender and weight distinctions, must perform 6 techniques of self defence (3 for each competitor except for the under 8 category that has to perform only 2 techniques each) built on the attacks indicated on the competition rules.

When registering online specify in the “NOTE” the name of the teammate..

Athletes can compete also in the higher category of age.

Blue and Red belts are not supplied by the organizer.

GENERAL TERMS:

- 1) The event is open to all clubs/dojo with an unlimited amount of athletes, affiliated to any national or international federation/organization.
- 2) Every participant must show, by request, the Budo Passport or the federation/organization card and a valid identity document for eventual checks.
- 3) **All competitors must present at the Check Point as specified in the disclosure posted on the competition website (www.christmasstrastrophy.com) from Saturday before the event.** As regard the weight there is a maximum tolerance of. gr.500. After the end of the controls the final boards are the generated, the athletes who have not carried out the check in, will be excluded and will not compete.
- 4) Changes and cancellations are possible until the day of registration deadline.
- 5) Coaches must check that his/her competitions are in the correct category. Boards will be exposed at the entrance of the sport hall. In case of changes, this have to be communicated to the Check Point which will be present at the athlete entrance of the sport hall within the time specified in the bulletin present on the event website (www.christmasstarstrophy.com). The organization decline any responsibilities for eventual disqualifications due to a wrong or missed registration in a poule.
- 6) **Access to the competition area is reserved only to those coaches who are provided with regular pass and team suit. They could follow their athletes sitting on the chairs reserved for them near the tatami.**
- 7) **Every Club/Team will receive a Coach Pass every ten athletes. All passes have the name of the coaches so is necessary specify their names in the registrtration form. The Pass must be worn with great care and be cleary visible at all times; it cannot be re-issued if lost.**
- 8) The Guest/Vip Pass, must be requested to the organization through the email address segreteria@asdsportplanet.it
- 9) The access to the tatami area is permitted only to athletes of the category in race. Athletes who have to prepare for the next category must wait in the area to them reserved, the "Meeting Point".
- 10) Liability: The organizer assumes no liability, therefore it is recommended to take out insurance. THE ORGANIZER GIVES NO GUARANTEE FOR VISA APPLICATION!
- 11) **Referee and Judges are welcome and their participation should be announced to the Referee Secretariat (referee@ykkfinternational.com) within Friday 22th of November 2019.**
- 12) No entrance fee for spectators.

AWARDING:

- 1) A special award with prestigious trophy will be given at the best athlete of the event.
The first winner will be set summing the scores obtained by the athlete in each category they took part.
- 2) The first 3 classified of each speciality and category will be awarded with medals. In the brown/black belts cadets, junior, senior and master categories of the Kata and Kumite, will be awarded with medals the first 4 classified.
- 3) The first 3 clubs classified will be awarded with trophies.
- 4) Medals of participation to all children under 11 (10 years old).

For the awards ceremony, the winners must go on the podium with the keikogi or with team suit.

EVENT HOTEL:

Hotel Internazionale***

Via Ramazzotti, 2

33052 Cervignano del Friuli (UD)

Telefono.: +39.043130751

E-mail: info@hotelinternazionale.it

Hotel Patriarchi***

Via Giulia Agusta, 12

33051 Aquileia (UD)

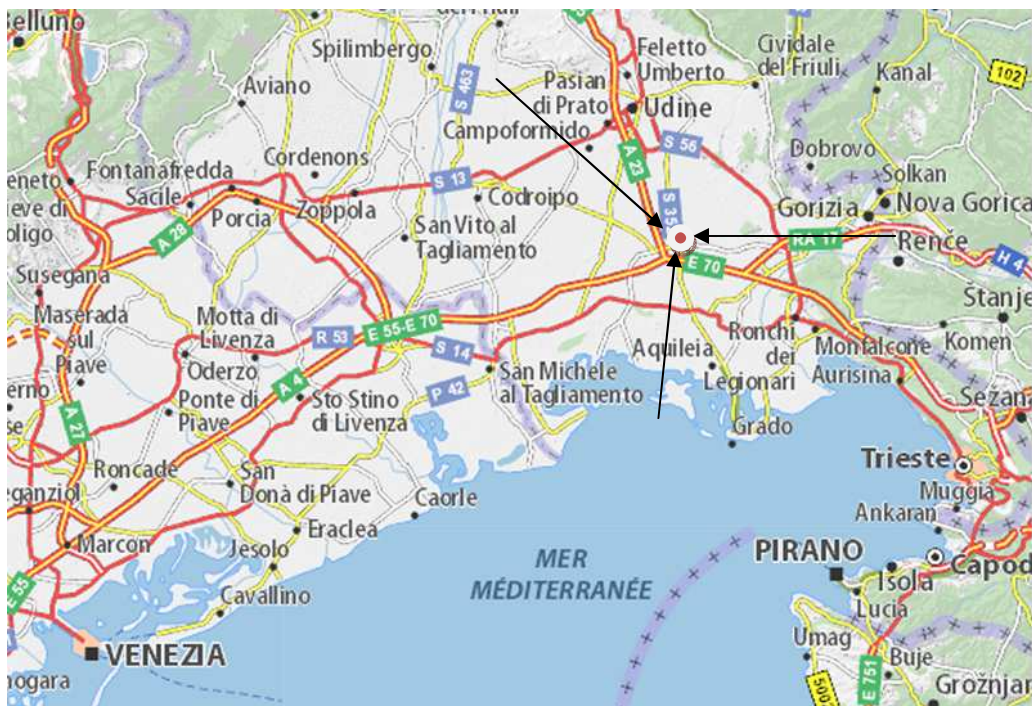
+390431919595

E-mail: info@hotelpatriarchi.it

TIME OF CHECK FOR CLUBS AND ATHLETES WILL
BE POSTED ON THE EVENT OFFICIAL WEBSITE
www.christmasstarstrophy.com
from SATURDAY 30th of NOVEMBER 2019

The specified times are mandatory, the competitor
who will not present at the check in
or will register after the time
will be excluded from the competition.

Registration deadline
ONLINE
TUESDAY, NOVEMBER 28, 2019
online registration form
www.christmasstarstrophy.com



BY CAR:

Coming from MILANO/BOLOGNA/VENEZIA, take the A4 Highway towards TRIESTE and the ext "Palmanova".
Coming from TARVISIO/UDINE, take A4 Highway towards TRIESTE and the exit "Palmanova".
Coming from TRIESTE, take A4 Highway towards VENICE and the exit "Villesse/Gorizia".

BY TRAIN:

The railway station of Cervignano/Aquileia/Grado.

BY AIRPLANE:

- AIRPORT "Ronchi dei Legionari" Trieste, distance to Cervignano del Friuli 14 Km.
- AIRPORT "Marco Polo" Venezia, distance to Cervignano del Friuli 106 Km.
- AIRPORT "Antonio Canova" Treviso, distance to Cervignano del Friuli 115 Km.

The town of CERVIGNANO DEL FRIULI

Its place-name probably comes from the name of the family which received this territory: "Gens Serviliana", that was later modified in the current "Cervignano".

In 452, during the Huns' invasions, Cervignano was completely destroyed, like Aquileia; this was only the beginning of a long series of raids by the barbaric populations.

In 568 there were both the occupation of this area by the Langobards of King Alboino and the foundation of the most ancient Abbey of Benedictine monks of Friuli, the Abbey of S. Michele Arcangelo ("Badia di San Michele Arcangelo"); the building underwent numerous assaults by the Barbaric populations and was finally destroyed in the X century. Only later thanks to the Benedictine nuns of the Convent of "S. Maria di Aquileia", to whom the Patriarchate had given the marshy and unproductive territory of Cervignano, the area subdued a redevelopment and repopulation.

From 1420 onwards, Cervignano underwent the rules of the Republic of Venice and of Austria; in 1807 it became part of the Reign of Italy, but later became a possession of Austria again. In 1915, when it was engaged by the Italian troops, the zone became a remarkable military centre.



Monumenti e luoghi d'interesse

The Dome.

San Michele Arcangelo Abbey.

Villa Bresciani-Attems-Auersperg (via Trieste).

Saint Cross Chapel.

Villa Chiozza.

Villa De Obizzi Lanzone (Borgo Gortani).

Strassoldo Castle.

PALMANOVA

The perfect star.

Palmanova is a masterpiece of Venetian military architecture, a fortress town designed and built to defend the regional borders against foreign threats, particularly from the Turks.

The town plan is based on a unique model, a perfectly symmetrical nine-pointed star, with a central piazza.

Access to the centre is via three monumental gates, known as Aquileia, Udine and Cividale and, whichever direction you arrive from, you reach the Piazza Grande, the historic fortress square.

The square is in the form of a perfect hexagon and is flanked by fine and important buildings, including the cathedral, where there are a number of works of interest, and the Civic History Museum, containing arms, historical items and documents illustrating the history of the fortress town from its origins to the Second World War.

In the second weekend of July, Palmanova stages a historical pageant with over two hundred participants dressed in seventeenth century costumes re-enacting the first time the ensign of the Most Serene Republic of Venice was hoisted at the centre of the fortress square.



AQUILEIA

Aquileia features an extremely important archaeological area, which is a UNESCO World Heritage Site.

Colonized in 181 B.C. in "agro gallorum", Aquileia was born as a bridgehead for the Roman conquest of the Danube areas and with the aim of defending the eastern borders to enhance the already flourishing trade between the eastern Mediterranean basin and the transalpine countries.

The excavations have brought to light the remains of the Roman forum and of a basilica, of the burial ground, of mosaic floors and house foundations (Cal and ex Cossar estates), of statues of the Via Sacra (Sacred Road), of the markets, of walls, of the river port, of a large mausoleum and much more.

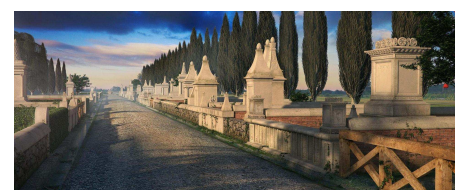
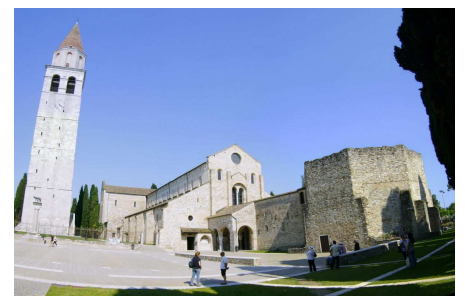
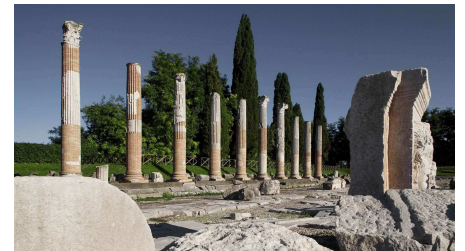
The wonderful Basilica of Santa Maria Assunta, which overlooks the historic Piazza Capitolo, was built over a fourth-century building, which in the following centuries was subjected to several extensions (mostly destroyed during the barbarian invasions). In the temple one can admire the famous early Christian mosaics (4th century) which are a milestone in the history of Italian art.

The imposing Bell Tower of the Basilica, built around the year 1000 as a lookout tower, with its 73 metres not only creates a solemn scenery, but also provides the possibility to enjoy a breathtaking view.

Of great relevance are the ninth-century frescoes of the crypt.

The Crypt of the Excavations, with the beautiful mosaics of the church built in the 4th century by Bishop Theodore on the structures of an ancient Roman villa, is also important to discover the history of the Christian Aquileia of the first centuries.

Whether in sunny or rainy weather, it is worth visiting the National Archaeological Museum of Villa Cassis, considered one of the main archaeological museums in Northern Italy with finds coming from Aquileia or from the surroundings. The productions of engraved gems, glass items and ambers, as well as mosaic floors and the rich epigraphic and lapidary treasure are noteworthy.



GRADO

The Golden Island and the Second Rome.

Grado, the "Golden Island", stands in a picturesque lagoon amidst a maize of small islands. It is worth to visit mostly during food and wine events. Discover then, the natural beauty spot with two nature reserves.

Venetian charm.

Grado, joined to the mainland by a narrow strip of land, has a graceful Venetian style historic town centre where you can wander through the alleyways and squares flanked by picturesquely cluttered fishermen's houses: a charming world of its own where time seems to have stopped. In the wonderful setting of "Campo dei Patriarchi" in the "old city" you can admire the early Christian buildings such as the Basilica dedicated to Santa Eufemia, from which top stands the statue of the Angel San Michele (called "Anzolo" and symbol of the city), the Baptistery and the Lapidarium.

Moreover, there, you can visit the Basilica dedicated to Santa Maria delle Grazie, the oldest of Grado.

The central Biagio Marin Square is dedicated to the famous local poet: there you can also find **the** remains of the old and imponent Basilica della Corte.

The hystorical centre belongs to pedestrians that can peacefully discover the most important features of the Golden Island.

Walking along the Lungomare (seafront) Nazario Sauro, you can also enjoy a marvellous view on the Karst, Trieste and the Istrian Coast.

A beach like an elegant lounge.

A very relaxing fine-sanded beach, classed as an environmentally protected "Bandiera Blu" beach for many years now. In Grado you will find good quality service with an emphasis on comfort and safety for children, who can play for hours in the shallow, clean and always calm water. Play areas and baby-sitting services available.

The thermal springs of the Hapsburgs.

Up to the beginning of the 19th century, the Hapsburg aristocracy used to come here to bathe and use the excellent seaside thermal springs. The thermal spring facilities have recently been renovated, with the addition of new beauty care areas offering a host of treatment programs, from thalassotherapy to the prevention of premature skin aging.

Land and water sports.

Beautiful walks, the cool shade of maritime pines and spectacular sunsets. Sports include beach volleyball, basketball and football, windsurfing, sailing, water skiing and canoeing. There is also a scenic 18-hole golf course right next to the sea.

Nature reserves.

A birdwatcher's paradise reachable by cycle track: the Valle Cavanata and Foce dell'Isonzo nature reserves, where all you can here are the calls of thousands of birds and the rustling of reeds in the wind.

Brilliantly coloured boat procession.

On the first Sunday of July every year there is a picturesque festival in Grado known as the Perdòn di Barbana, in which a procession of boats decorated with flowers, garlands and flags sails to the Marian sanctuary on the island of Barbana in a votive ritual dating back 800 years.

A fisherman's life.

Fishing has always been the means of subsistence for the people of this area, and the reed huts or casoni, that the fisherman used to shelter in, can still be seen all over the lagoon. Fish cooking is based on time-honoured traditions, the most famous local dish being the *boreto a la graisàna*.



TRIESTE

A city between karst lands and sea.

Trieste is the most international city in the region, suspended between a glorious past of "Little Vienna on the Sea" and the present cosmopolitan city. From the Audace pier to the old Lanterna, there is a succession of sails, antique shop window displays, shops and beautiful buildings: in the distance, one can glimpse the white profile of Miramare, the romantic castle of Maximilian and Charlotte of Hapsburg. A journey of discovery of the city's history, literature and art, from the Roman era to medieval wonders, to the Habsburg splendour. The wealth of architectural styles in the palaces in Trieste is remarkable: Neoclassical, Art Nouveau, Eclectic and Baroque, coexisting in a harmonious blend with Roman remains, eighteenth century buildings and Habsburg style buildings.

Coffee is one of the flagship products of Trieste. A Free Port for the importation of coffee since the eighteenth century, the port of Trieste is the most important in the Mediterranean for the trade of coffee: the beans that arrive here are not only intended for local coffee roasters but also for those all around the world.

But coffee in Trieste is also in rhythm with literature: many and beautiful are the **literary cafes**, which are historical premises with retro charm, frequented by poets and writers such as James Joyce, Italo Svevo, and Umberto Saba. Taking a coffee break in one of the historical cafes of Trieste is a real ritual that is absolutely not to be missed and whose appeal has spread even through word of mouth. Would you like to know what a gocciato or a taste of a capo in b is? Then you must come to Trieste, because you will only find out here...

Trieste is also a mixture of religions: this is evident as soon as you arrive in the city, which, for many centuries, has had (amongst others) a Greek Orthodox Church, a Serbian Orthodox Church, a Synagogue, a Lutheran Evangelical Church and, the oldest of all, a Swiss Evangelical Church.

Trieste means love of the **sea** too: people here love going to the sea, and the beach resorts - or 'bagni', in local slang - are frequented all the year round, for sunbathing, swimming or just strolling.

At the back of Trieste, the Karst plateau with a natural landscape of great beauty, scattered with typical villages and natural caves.



FOR ANY FURTHER INFORMATION
please contact
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Via Leonardo Da Vinci, 11
33052 Cervignano del Friuli (UD - Italy)
(+39) 0431.34945
segreteria@asdsportplanet.it
or visit the web site:

www.christmasstarstrophy.com

*with sportive regards
in the name of the Organisation*

Giovanni Di Meglio
Event Manager



Clara Fogar
Referee Coordinator



Fabio Maglione
Referee Secretariat

